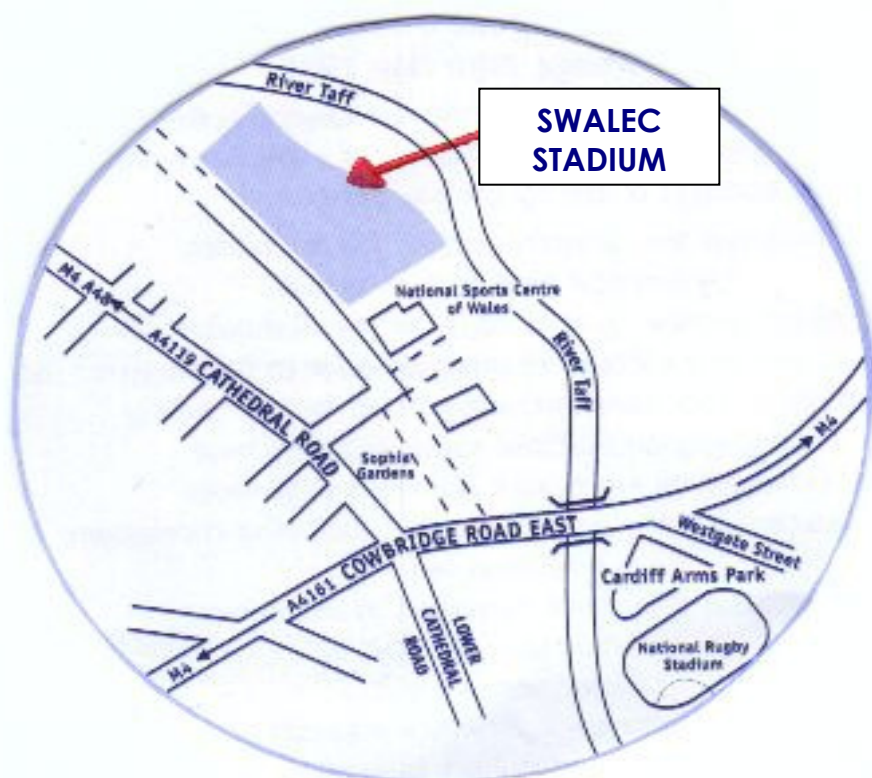


SWALEC STADIUM



BY ROAD

The ground is situated a mile to the north-west of the City Centre off the A48 Cathedral Road (signposted Sophia Gardens). Approaching from the east travel on the M4 to junction 29, and then follow signs for the A48M to Port Talbot, and then the City Centre. From the west, travel to junction 33, join the A4160 and then follow the signs for the City Centre. From the north travel on the A470 until the Gabalfa Interchange, before following signs for the A48M to Port Talbot, and then the City Centre. Whilst there is limited parking at the ground itself, there is generally ample space in the nearby public car parks.

For a map of general routes to Cardiff, try the [Cardiff University](#) webpage. The site also has maps with directions to the [Sophia Gardens area](#) and also to the [City Centre](#). There are also useful maps and other details on the [Virtual Tour of Cardiff](#) webpage

BY BUS

National Express coaches and Stagecoach South Wales services terminate at the Central Bus Station alongside Cardiff Central Railway Station. You can either then walk for three-quarters of a mile along Westgate Street, cross Cardiff Bridge and then walk through Sophia Gardens, or catch one of the following Cardiff Bus Services which stop in Cathedral Road - 21, 25, 32, 33 or 62. For times and details of Cardiff Bus services, please ring 02920 396521.

For a map of the Central Bus Station and surrounding area, you will find the maps on the [Cardiff University](#) webpage very helpful.

BY TRAIN

Catch an Inter City Great Western, [Alphaline](#), South Wales and West, or Cardiff Railway Company Service to Cardiff Central. There is a taxi rank outside the station, and the Central Bus Station is opposite the station forecourt. For times of train services to Cardiff Central, please ring 08457 484950.